

A.S. in PHYSICAL EDUCATION (0899) 60 CREDITS

Essex County College, Social Sciences Division – Curriculum Guide

STUDENT: _____

ID#: _____

General Education Requirements (33 Crs.)		Crs.	✓
Written & Oral Communications (6 Crs.)			
ENG 101	College Composition I	3	
ENG 102	College Composition II	3	
Quantitative/Scientific Knowledge, Skills & Reasoning (12 Crs.)			
E.g., BIO 101-102, 103-104 Or 121-122; CHM 101-102 Or 103-104; GEO 101-102; PHY 101-102, 103-104, 105, 113-114; MTH 100 or higher	Choose Lab Science Sequence & One MTH	4	
	Or	4	
	Two MTH courses & One Lab Science	4	
Society & Human Behavior (6 Crs.)			
E.g., ANT 101, 105; ECO 101, 102; POL 101, 104; PSY 101, 102, 219; SOC 101, 108, 219	Choose Two Social Science General Education Courses	3	
		3	
Humanistic Perspective (6 Crs.)			
E.g., ENG 205, 208, 215, 221, 222, 232, etc.	Choose One English Literature Course	3	
E.g., ART 100,101,102; MUS 100,108,109, 117	Choose One Art/Music Appreciation Course	3	
Historical Perspective (3 Crs.)			
E.g., HST 101, 102, 111, 112, 121, 122, etc.	Choose One History Course	3	
Major Course Requirements (15 Crs.)			
HLT 101	Healthful Living	3	
PHE 101	Introduction to Physical Education	2	
PHE 115	First Aid and Safety	2	
PHE 119	Concepts in Physical Education	2	
PHE 261, 262, 263 or 266	Choose One Coaching Class	2	
PHE Activity Courses	Choose Four PHE activity courses (each one credit)	4	
Additional Course Requirements (12 Crs.)			
BUS 101	Business Organization & Management	3	
E.g., ANT, CJ, EDU, POL, PSY, SOC	Choose One Social Science Course	3	
ENG 200 Level	Choose an additional English Literature Course	3	
HST 101-102, 111-112, 121-122, 131-132 etc.	Complete the sequence to the History above	3	
Total Credits Required		60	

60 C

REVISED DECEMBER 2020