# Human and Social Services (A.A.S.)

### Division of Social Sciences — Curriculum Code: 2202

Will Earn Upon Program Completion: Associate in Applied Science (A.A.S.) Degree

The Human and Social Services degree program provides students with the opportunity to obtain a broad-based education in preparation for a wide variety of jobs such as the following: clergy counselor, social services case aide, addiction counselor, youth services worker, gerontology worker, family services worker, crisis counselor, and mental health worker. While students majoring in Human and Social Services do not have to choose a concentration, this program does allow for the selection of various options including this degree. After earning this degree, students may begin a career that permits the satisfaction of helping individuals and communities.

To begin a career where you have the satisfaction of helping individuals and communities.

# Program Requirements

# **GENERAL EDUCATION REQUIREMENTS**

Written & Oral Communication (6 credits) ENG 101 (3 credits) ENG 102 (3 credits)

Quantitative Knowledge & Skills and Scientific Knowledge & Reasoning (4 credits) Choose one of the following mathematics or lab science courses: MTH 101, MTH 103, BIO 101, BIO 102, BIO 121 or BIO 122 (MTH 101 or BIO 102 are recommended) (one 4-credit course)

Society & Human Behavior (9 credits) PSY 101 (3 credits) AND Choose two of the following courses: ANT 101, ANT 105, ECO 101, ECO 102, POL 101, POL 104, PSY 102, PSY 219, SOC 101, SOC 108 or SOC 219 (two 3-credit courses)

Historical Perspective (3 credits) Choose one of the following history courses: HST 101, HST 102, HST 111, HST 112, HST 121, HST 122, HST 131, HST 132, HST 134, HST 135, HST 136, HST 137, HST 161 or HST 162 (one 3-credit course)

#### MAJOR COURSE REQUIREMENTS

<u>PSY 209</u> Abnormal Psychology or PSY 225 Child and Adolescent Abnormal Psychology (one 3-credit course)

<u>PSY 250</u> Theory and Practice of Counseling and Psychotherapy (3 credits)
<u>PSY 251</u> Counseling and Treatment of Addictions (3 credits)
<u>SOC 111</u> Helper Theory (3 credits)
<u>SOC 121</u> Social Services Policies and Procedures (3 credits)
<u>SOC 207</u> Understanding Death and Dying (3 credits)
<u>SOC 228</u> Human and Social Services Fieldwork I (3 credits)
<u>SOC 229</u> Human and Social Services Internship Seminar I (3 credits)
<u>SOC 230</u> Human and Social Services Fieldwork II (3 credits)
<u>SOC 231</u> Human and Social Services Internship Seminar II (3 credits)
<u>SOC 250</u> Alcohol and Drug Use in American Society (3 credits)

#### ADDITIONAL COURSE REQUIREMENTS

Choose any one additional (non-repeated) free elective\* (one 3-credit course)

Social Science electives<sup>\*\*</sup> – choose three of the following courses based on chosen concentration option (see note below): <u>CJI 211</u> Counseling the Addicted Offender; <u>PSY 210</u> Group Dynamics, <u>PSY 219</u> Child Psychology and Development, <u>PSY 232</u> Human Sexuality; <u>REL 101</u> Hebrew and Christian Thought, REL 105 Comparative Religion; <u>SOC 108</u> Social Problems, <u>SOC 153</u> Alcohol and Substance Abuse Prevention and Education, <u>SOC 201</u> Social Gerontology, and/or SOC 252 Case Management of Addictions (three 3-credit courses)

\*Note: <u>CIS 107</u> Computer Literacy, <u>HLT 101</u> Healthful Living, <u>MTH 101</u> Statistics and Probability I, or <u>SPN 100</u> Practical Spanish are recommended

\*\*Note: In acknowledging the distinctive and specialized education and training that social workers, addiction counselors, clergy counselors, and mental health counselors obtain to provide a broad array of mental health and rehabilitative services, the Human and Social Services degree program has established several concentration options. The choice of Social Science electives depends on the chosen option. Students in the social work option should choose <u>SOC 108SOC 201</u> and any other course listed. Students in the addictions counseling option should choose <u>CJI 211SOC 153</u> and <u>SOC 252</u>. Students in the mental health option should select <u>PSY 210PSY 219</u> and <u>PSY 232</u>. Students in the clergy counselor option should select <u>REL 101REL 105</u> and any other course listed. Additional Note: Educational requirements for Certified Alcohol and Drug Counselor in New Jersey are met by taking <u>CJI 211PSY 251SOC 153SOC 250SOC 252SOC 228</u> or <u>SOC 229</u>, and <u>SOC 230</u> or <u>SOC 231</u>.

#### **RECOMMENDED SEQUENCE OF COURSES**

Total Credits Required for Degree: 67

First Semester <u>ENG 101</u> College Composition I (3 credits) <u>PSY 101</u> General Psychology (3 credits) <u>SOC 111</u> Helper Theory (3 credits) Society & Human Behavior requirement (3 credits) Free elective (3 credits) Second Semester <u>ENG 102</u> College Composition II (3 credits) <u>PSY 209</u> Abnormal Psychology OR <u>PSY 225</u> Child and Adolescent Psychology (3 credits) <u>SOC 121</u> Social Services Policies and Procedures (3 credits) Quantitative Knowledge & Skills or Scientific Knowledge & Reasoning mathematics or lab science requirement (4 credits) Historical Perspective requirement (3 credits)

Summer Semester Society & Human Behavior requirement (3 credits) Social Sciences elective (3 credits)

Third Semester <u>SOC 207</u> Understanding Death and Dying (3 credits) <u>SOC 228</u> Human and Social Services Fieldwork I (3 credits) <u>SOC 229</u> Human and Social Services Internship Seminar I (3 credits) (Note: <u>SOC 228</u> and <u>SOC 229</u> must be taken together) Social Science elective (3 credits)

Fourth Semester <u>PSY 251</u> Counseling and Treatment of Addictions (3 credits) <u>SOC 230</u> Human and Social Services Fieldwork II (3 credits) <u>SOC 231</u> Human and Social Services Internship Seminar II (3 credits) (Note: <u>SOC 230</u> and <u>SOC 231</u> must be taken together) <u>SOC 250</u> Alcohol and Drug Use in American Society (3 credits) Social Science elective (3 credits)

# NOTES:

(1) The two General Education Integrated Course Goals, Ethical Reasoning & Action and Information Literacy, are both addressed by the required curriculum described above, regardless of specific choices made by the individual student.

(2) This plan assumes the completion of all required developmental courses in Reading, English, and Mathematics as well as other <u>pre-requisites</u> and <u>co-requisites</u> for some of the courses, as listed in the Course Descriptions section.