

Massage Therapy

Division of Social Sciences — Curriculum Code: 6013

Will Earn Upon Program Completion: Academic Certificate

Massage therapists find their work helping others personally satisfying and professionally rewarding. Massage involves using manual techniques and adjunctive therapies to relieve the effects of stress, ease tension, and promote health and well-being. A growing body of research on massage verifies its benefits. The field is rapidly growing and many massage therapists choose to specialize in particular areas such as sports massage, medical massage, pregnancy massage, or relation therapy. Professional growth occurs continuously through the broadening and deepening of manual skills. Employment is available in a variety of setting including massage offices, medical offices, health clubs, and spas. Massage therapists work in conjunction with health care professionals, making referrals as appropriate in response to clients' needs.

Please note that this Massage Therapy program is currently applying for curriculum endorsement from the Commission on Massage Therapy Accreditation (COMTA).

Program Requirements

GENERAL EDUCATION REQUIREMENTS

Written & Oral Communication (3 credits)

[ENG 101](#) (3 credits)

Scientific Knowledge & Reasoning (4 credits)

[BIO 121](#) (4 credits)

MAJOR COURSE REQUIREMENTS

[BIO 122](#) Anatomy & Physiology II (4 credits)

[HSC 109](#) Medical Terminology (3 credits)

[HSC 151](#) Massage Therapy & Practice I (4 credits)

[HSC 152](#) Massage Therapy & Practice II (2 credits)

[HSC 153](#) Massage Therapy & Practice III (4 credits)

[HSC 155](#) Professional Development in Massage Therapy I (2 credits)

[HSC 156](#) Professional Development in Massage Therapy II (3 credits)

[HSC 160](#) Massage Therapist Practicum I (2 credits)

[HSC 161](#) Massage Therapist Practicum II (3 credits)

[HSC 165](#) Self-Care for the Massage Therapist (1 credit)

RECOMMENDED SEQUENCE OF COURSES

Total Credits Required for Academic Certificate 35

First Semester

[BIO 121](#) Anatomy & Physiology I (4 credits)

[HSC 109](#) Medical Terminology (3 credits)

[HSC 151](#) Massage Therapy & Practice I (4 credits)

[HSC 155](#) Professional Development in Massage Therapy I (2 credits)

[HSC 165](#) Self-Care for the Massage Therapist (1 credit)

Second Semester

[BIO 122](#) Anatomy & Physiology II (4 credits)

[ENG 101](#) College Composition I (3 credits)

[HSC 152](#) Massage Therapy & Practice II (2 credits)

[HSC 156](#) Professional Development in Massage Therapy II (3 credits)

[HSC 160](#) Massage Therapist Practicum I (2 credits)

Third Semester

[HSC 153](#) Massage Therapy & Practice III (4 credits)

[HSC 161](#) Massage Therapist Practicum II (3 credits)

NOTES:

(1) The two General Education Integrated Course Goals, Ethical Reasoning & Action and Information Literacy, are both addressed by the required curriculum described above, regardless of specific choices made by the individual student.

(2) This plan assumes the completion of all required developmental courses in Reading, English, and Mathematics as well as other [pre-requisites](#) and [co-requisites](#) for some of the courses, as listed in the Course Descriptions section.