

ESSEX IS FIGHTING HUNGER ON CAMPUS

The mission of the **Essex County College Food Pantry** is to create access to nutritious food, support our students throughout their college experience and empower them to exceed expectations.

We believe that **access to food** and **obtaining an education** are basic human rights. We support students by providing them with nutritious foods, promoting healthy eating habits, and meeting the basic needs of students with food insecurity. We are here to **listen** and **support you!**

The **Student Food Pantry** is located on the **1st floor** of the Megastructure, **Room 1192**, across from the elevator.



 A. Zachary Yamba Building

 973-877-3055

 foodpantry@essex.edu

 essex.edu/food-pantry



Student Food Pantry





WHAT IS FOOD INSECURITY?

Food insecurity is the limited or uncertain availability of nutritionally adequate and safe foods, or the ability to acquire such foods in a socially acceptable manner. The most extreme form is often accompanied with physiological sensations of hunger. One in five college students are hungry and lack sufficient access to food. Essex firmly believes that **hunger should not be an obstacle to student success.**

STATISTICS ON COLLEGE FOOD INSECURITY

30% of college students across the US experience food insecurity

56% of food insecure students are working

75% of food insecure students receive financial aid

43% of food insecure students have a meal plan

SERVICES

The Student Food Pantry provides **non-perishable items** (boxed, canned, bottled & bagged items) for **currently enrolled Full & Part-time students only.**

HOW DO I GET FOOD?

Current Essex students can access the Student Food Pantry by **scheduling an appointment** with our staff.

To schedule an appointment to secure your food package, **call 973-877-3055** during regular business hours (Monday through Friday, 10am-4pm) or **e-mail foodpantry@essex.edu**