

WE CARE ABOUT YOU!

Are you struggling with food insecurity, mental health, transportation, child care, SNAP benefits or housing issues?

The **Office of Student Care Services** may be able to assist you.

Stop by the Office of Student Care Services, located in the **Clara E. Dasher Student Center, Room 107A**, for assistance.

Office hours: Monday – Friday,
10:00 AM – 5:00 PM

Scan with your device to fill out the **Student Needs Assessment**



Beginning September 1, 2022



The Office of
Student Care Services



 Clara E. Dasher Student Center

 973-877-3459

 ecccares@essex.edu

 essex.edu/oscs





If you are experiencing
immediate crisis or
distress, call:

911

CRISIS Text Line
Text "START" to **741741**

Campus Police
973-877-3312

WHAT DOES OUR STAFF DO?

Our staff can help students identify resources that can help overcome barriers that affect their ability to be successful at Essex. These barriers can be academically related but can also include external factors that will impact their quality of life.

WHY DO I NEED OSCS?

Some students can find their own resources. However, it can be helpful to have a college staff member assist. We can ensure that you connect with your advisor, financial aid officer, or with counseling services. Staff can also assist students with navigating college services or develop an action plan for academic success. We help bridge the gap between the student and the resources needed to be successful.

WHEN SHOULD I CONNECT WITH OSCS?

You should contact us if you feel that you are in distress and not sure where to get help, if you are no longer able to balance academic and personal responsibilities, if you have an unexpected health issue and need support, if you may be losing housing, or if you want to become more involved or connected with campus life.

HOW DO I CONNECT WITH OSCS STAFF?

To connect with our staff:

- Call 973-877-3459 during regular business hours (Monday through Friday, 10am-5pm) to schedule an appointment
- E-mail us at ecccares@essex.edu
- Stop by the Clara E. Dasher Student Center, Room 107A

If you need immediate, emergency assistance after business hours, please contact:

- *Campus Police* 973-877-3312 or
- the *CRISIS Text Line* - Text START to 741741

All inquiries are confidential. Staff will only share your information on a need-to-know basis, if it is essential for coordinating care.